



AFRICAN INSTITUTE FOR HEALTH & DEVELOPMENT

"Working with communities for better lives through evidence-based programming"

CAPACITY STATEMENT OF THE AFRICAN INSTITUTE FOR HEALTH & DEVELOPMENT (AIHD)

This statement is divided into six sections:

1. Background	-	P2
2. Board Members	-	P2
3. Staff	-	P3
4. AIHD Infrastructure	-	P4
5. AIHD On-going Programme Activities	-	P4
6. Technical Assistance to Partner Institutions (2007-2008)	-	P7

1. BACKGROUND

The African Institute for Health and Development (AIHD) is a non-profit, non-governmental organization (NGO) which was established in June 2004 in Nairobi, Kenya by a group of accomplished African researchers and academicians. The Institute's main focus is on implementing evidence-based programming, conducting research, training and advocacy on health and development issues that are contextually relevant to Kenya and to the African continent. The Institute is involved in policy formulation on key development issues including social protection, HIV and AIDS, poverty alleviation, gender, child health, nutrition, and health promotion. The Institute implements its activities in partnership with local, national, regional and international partners. Over the last five years, the Institute has been involved in health and development work in various capacities in Kenya, Tanzania and Zambia.

The Institute is managed by a Board of Directors drawn from accomplished scientific, financial and legal experts. The Institute conducts three annual audits (audit reports available cover the periods June-December 2004 though December 2007). The process of conducting the audit for January to December 2008 has been initiated. These reports provide up to-date statement of accounts and procedures and are available for perusal by partners and other interested parties.

To accomplish its various activities the Institute has the vision of *“Working with communities for better lives through evidence-based programming”* which guides its activities. The main focus of the Institute is to build capacity of community groups; facilitate resourcing from within; and in-build sustainable mechanisms in all programme activities. AIHD is also committed to building the capacity of young people to work with communities, through an internship programme, ensuring a generation of trained and capable professionals in community health and development.

2. BOARD MEMBERS

Samson Radeny - Chairperson: Samson holds a PhD (Sociology) from the University of Nairobi and he is a specialist in Strategic Communication for Behavior Change. He has over 10 years of experience in research, design and management of reproductive health and behavior change programs in Africa. He has worked with several organizations including MAP International – East Africa Office, Program for Appropriate Technologies in Health (PATH) and as a Program Manager and Country Representative for the Johns Hopkins Bloomberg School of Public Health – Center for Communication Programs (CCP) based in Nairobi, Kenya. He has previously taught sociology at Nairobi and Daystar universities. He is currently working with Save the Children – Ethiopia.

Millicent Onyonyi: Millicent holds a BCom degree in Marketing (University of Nairobi). She has over 15 years of experience in marketing, business planning, customer service and logistics. She is currently working with Oilibya. She has previously worked with Wellcome Kenya, Colgate-Palmolive, Esso and Mobil.

Mary Amuyunzu-Nyamongo – Executive Director and Secretary to the Board: Mary holds a PhD (Social Anthropology - University of Cambridge, UK, 1994) – she is a founder member of AIHD. Mary has worked with various organizations including Kenya Medical Research Institute (KEMRI), African Medical and Research Foundation (AMREF) and the Population Council. She has previously worked as a research coordinator and manager for adolescent sexual and

reproductive health projects in Kenya, Uganda, Tanzania, Ethiopia, Malawi, Ghana and Burkina Faso. She serves on various TDR–WHO committees including the Community Directed Interventions and the African Programme for Onchocerciasis Control (APOC). She is a board member of the International Union for Health Promotion and Education (IUHPE).

Francis Ang’ila Aywa: Francis holds an LLB and a Diploma in Law (University of Nairobi). He has more than ten years of experience in civil society and governance work. His particular strength is in research, project cycle management, process consulting, evaluations, organizational development, strategic planning and reviews, capacity strengthening and training. He has worked with a number of organizations in both governmental and the non-governmental sectors. Prior to taking up his current position of Deputy Director with PACT-Kenya, Francis was the Chief Executive Officer of the National Council of NGOs, the umbrella body for all NGOs registered in Kenya.

Isaac Keango Nyamongo: Isaac holds a PhD (Medical Anthropology - University of Florida, Gainesville USA, 1998) – he is a founder member of AIHD. He is currently an Associate Professor and the Director of the Institute of Anthropology Gender and African Studies, University of Nairobi. His main research focus has been on health seeking behavior, HIV and AIDS and malaria. He has published in various peer reviewed international journals and contributed to book chapters.

Kaendi Munguti: Kaendi holds a PhD (Medical Anthropology - UCLA, Los Angeles, USA, 1994) – she is a founder member of AIHD. She is currently with USAID as a Technical Adviser on Malaria. She is also a Senior Research Fellow at the Institute of Development Studies, University of Nairobi and coordinates the academic programmes at the Institute. She has previously worked with World Health Organization (WHO) “Roll-Back-Malaria” programme within the Africa Regional Office in Zimbabwe. She has in the past provided consultancy services to JHPIEGO Corporation on malaria in pregnancy.

Lilian Tendo-Wambua: Lilian holds a Masters degree in Medicine, University of Nairobi. She is a specialist in sexual and reproductive health and HIV/AIDS issues. She has extensive work experience with different international non-governmental organizations including AMREF, Compassion International and World Relief where she held the position of the HIV/AIDS Africa Director for World Relief. She is currently a freelance consultant. Her primary interest is to improve access to health for the disadvantaged and vulnerable populations in Africa through churches and church-based organizations.

Debbie Gachuhi:

Rosemary Okello:

George Ogari:

Founder Member

Lynette Okeng’o: Lynette holds a PhD (Early Childhood Development, Kenyatta University - Kenya, 2007). Lynette is currently a consultant with UNICEF Regional Office based in Nairobi on Early Childhood Development. She has previously taught at Kenyatta and Daystar universities.

3. PROGRAMME STAFF

Rahel A. Oyugi: Rahel is a Programme Officer. She is currently completing an MA in Sociology (Medical Sociology) at the University of Nairobi. She has extensive experience in field studies especially among the poor in both rural and urban areas of Kenya. She has been involved in research activities conducted by AIHD since June 2004. Before joining AIHD, she was a field supervisor for the African Population and Health Research Centre (APHRC) for 5 years and was involved in the DHS (1998) and Population Census (1999).

Jared Odhiambo Owuor: He is a Program Officer at African Institute for Health and Development (AIHD). He is also the secretary to the Consortium for Non-Communicable Diseases Prevention and Control in sub-Saharan Africa (CNCD-Africa). Mr. Owuor has carried extensive research in areas of Health Care Service Delivery, Social determinants of health and HIV/AIDS prevention, care and control among others.

Alice Sereti Sinkeet: She holds a BA (Social Work) from Catholic University of Eastern Africa (2006). She is a Programme Officer at the Institute. She has worked in various institutions including Coalition of Violence Against Women (COVAW), Children's Legal Action Network (CLAN) and Child Welfare Society of Kenya (CWSK). She has hands-on experience on gender issues which continue to be a major focus for AIHD.

Emmanuel O. Oyugi: He is The Accounts Assistant at African Institute for Health and Development (AIHD). He holds a degree in Business Administration (Accounting option) from Maseno University, is a Certified Public Accountant CPA 2, and has performed different accounting roles in different organization such as Kisumu Hotel (Maseno University) International School of Medicine and Applied Technology (ISMAT) and Port Florence Community Hospital. Prior to working with African Institute for Health and Development, he was an intern with AMREF Kenya Country Office.

Vallerie Odera: She is an Administrative Assistant with the Institute. She holds a Diploma in Secretarial. She is responsible for all administrative functions at the Institute. She also oversees the Community Action Project (CAP) which is a plastic recycling project aimed at environmental cleanliness, economic empowerment and poverty alleviation.

Josiah M. Kioko: He is an Office Assistant. He holds KCSE and computer literacy certificates (Nairobi Institute of Business Studies, November, 2007) and has served in various organizations in the same capacity.

AIHD has a group of Research Associates that it calls upon when specific skills are required including sampling and statistical expertise, and data processing and management.

Over the period 2004 – 2011, AIHD has trained a pool of over 40 research assistants and 15 data entry clerks whom it calls upon when there is need for more manpower.

4. AIHD INFRASTRUCTURE

AIHD has fully furnished offices with the following facilities:

- A boardroom;
- A reception area;
- A data entry room with five computers equipped with appropriate software for data management, including SPSS, CSPro and Nudist;
- Fully furnished offices for the Programme Officers;
- Three laptop computers;
- A heavy duty printer
- Two portable HP printers and LCD projector;
- A large scale photocopier (InfoTech 4270 MF);
- A four-wheel drive car – Nissan X-Trail (purchased in April 2008);
- A Yamaha motorbike (purchased in February 2009); and
- Telefax and mobile phones.

The office is fully networked and has a 24-hour reliable internet connection.

Security is provided by the landlord on a 24-hour basis while AIHD has augmented this by putting in place panic buttons and burglar sensitive alarm sensors.

5. AIHD ON-GOING PROGRAMME ACTIVITIES

(i) Consortium for Non-Communicable Disease Prevention and Control in sub-Saharan Africa (CNCD-Africa)

The Consortium for NCD Prevention and Control in sub-Saharan Africa (CNCD-Africa) which is hosted by AIHD is a member-driven umbrella that brings together multiple disciplines, sectors and partners to address NCDs in an effective, efficient and sustainable manner. Four major NCDs are increasingly becoming a threat in sub-Saharan Africa: cancers, diabetes, cardiovascular disease and chronic respiratory diseases. Consortium members work in various settings to address the common risk factors for the major NCDs, which are nutritional patterns and transition; obesity; lack of physical activity; tobacco consumption; and inappropriate use of alcohol. They also aim to address NCD prevention, control and management by assessing social determinants of health at the individual and societal levels and tackling the general socio-economic, cultural and environmental conditions which can be addressed by policy advocacy and use of health promotion approaches. In addition, the consortium aims to streamline approaches that overcome major barriers to appropriate management and control of NCDs such as inadequate access to services; limited knowledge among communities regarding NCD risk factors, signs and symptoms; gaps in policy implementation; and insufficient awareness among the public and policy makers on the burden of NCDs and what can be done.

(ii) Crime and Violence

The African Institute for Health and Development (AIHD) in collaboration with the World Bank, City Council of Nairobi (CCN), Korogocho Community and other local partners is currently implementing an Action Research (AR) project on the prevention of crime and violence in Korogocho Informal settlement in Nairobi-Kenya. This project is designed as a participatory process, which allows the stakeholders to plan, implement, review and plan again – in a wave like manner to allow lessons learnt in the implementation process to inform the interventions. Five key strategies are being employed in the implementation of the on-

going AR: community mobilization; establishing and maintaining partnership with key stakeholders; continuous dialogue and documentation; implementation of the identified interventions with communities; and monitoring and evaluation with the main aim of drawing lessons for scale-up of action towards reducing the occurrence and impacts of the vice. It is envisaged that through the proposed AR the key question (*What approaches can be used to effectively engage community members in the prevention of crime and violence?*) will be addressed and that, the following outcomes will be realized:

- i. better understanding of drivers and perpetrators of crime and violence in the study community;
- ii. better understanding of community's coping mechanisms with crime and violence;
- iii. increased engagement of community members in preventing crime and violence; and
- iv. improved safety in the community especially among vulnerable population.

(iii) Paralegal study

The Kenya Paralegal Study is commissioned and funded by the World Bank's Justice for the Poor program on community paralegals. The study is being conducted in four other countries namely Sierra Leone, Indonesia, South Africa and the Philippines. The study is aimed at establishing outcomes paralegals are able to achieve, for what sorts of cases, and by what methods; effects of paralegal interventions on citizens' willingness and capacity to take on injustice; effects of paralegals on public institutions, both formal and traditional; and elements of paralegal programs that are most important in determining effectiveness. In Kenya the African Institute for Health and Development is working in partnership with organizations working with paralegals. These organizations are FIDA-Kenya, ICJ-Kenya, Legal Resources Foundation, Kituo Cha Sheria and Plan International. The study is being implemented in six provinces in Kenya namely.

(iv) Health Systems Strengthening Study (HSS)

The Kenyan Health Systems Strengthening (HSS) Study is part of a 12-country study being coordinated and funded by the World Health Organization, Africa Regional Office (WHO-AFRO) and the African Programme for Onchocerciasis Control (APOC). This project is motivated by the increasing recognition of the need to strengthen the health systems in order to meet the needs of the people in Africa, who continue to experience high morbidity and mortality levels from both communicable and non-communicable diseases (NCDs). It is envisaged that strengthening the health service delivery capacity at local level with greater people's input could facilitate the scaling up of the already proven and cost-effective interventions towards sustainable health care while responding to priority health needs. The study sought views of community members and health care providers who are so frequently ignored in relation to health care delivery. The study was undertaken in Coast and Rift Valley provinces in Kenya covering three districts each namely Uasin Gishu, Nandi, Nakuru in the Rift and Kilifi, Taita Taveta and Tana River districts in the Coast Province.

(viii) Community Action Project (CAP): Reusing Plastic Bags for Health & Development

This is project initiated and supported by AIHD and implemented in collaboration with Mitumba Trust Community-Based Organization and Jumuiya. The project entails collecting plastic bags from Dandora dumpsite and turning them into laundry bags, shopping baskets, etc. The main aim is to contribute to environmental cleanliness, economic empowerment and poverty alleviation.

(ix) Community-Based Monitoring System (CBMS)

This is a collaborative project between the African Institute for Health & Development (AIHD), the Ministry of State for Planning, National Development and Vision 2030; Local Authorities and the communities. Currently the project is being implemented in Tana River, Murang'a, Kisumu

and Kilifi Counties. The main aim of the project is to empower communities to monitor poverty alleviation interventions and more specifically the Millennium Development Goals. **Contact person:** Anne Bernadette Mandap, CBMS Network Office, Angelo King Institute for Economic and Business Studies, Room 1-1016 10th Floor Angelo King International Center Estrada Cor. Arellano Ave. Malate, Manila, Philippines 1004, E-mail: mandapa@dls-csb.edu.ph

6. TECHNICAL ASSISTANCE TO PARTNER INSTITUTIONS

- (i) **CARE-Kenya (September - October 2010):** Documentation of Yier Ngima PMTCT Project in Siaya District, Kenya. The Yier Ngima project implemented by CIK was being phased out after more than 8 years of successful completion. The documentation highlighted some of the innovative work undertaken at both community and facility levels to improve PMTCT service delivery and uptake in Siaya District. The purpose was to showcase with objectivity the Yier Ngima initiatives and to demonstrate the ways in which the funding supported the targeted delivery of quality PMTCT at the community and health facility levels, including lessons learnt in terms of reproducible scale up. The more than 8 hours of video coverage provides evidence of the project achievements and is summarized into a 15 minute DVD highlights.
- (ii) **World Bank** (February – April 2009): Crime and violence study in Kenya. This study is being conducted in two informal settlements of Nairobi – Korogocho and Viwandani. Both quantitative and qualitative tools are being utilized – 800 questionnaires, 16 FGDs and in-depth interviews with institutions working in these two areas. The study will include the lead consultant, two supervisors and 16 research assistants. Contact person: Erik Alda. Email: ealda@worldbank.org.
- (iii) **Family Health International** (November 2008 – February 2009): Baseline survey of workplace interventions in Shell offices nationally. Four hundred (400) questionnaires, 48 in-depth interviews were conducted with Shell staff, contractors and dependants. The research team included a lead researcher, study coordinator, 2 supervisors and 4 research assistants. Contact person: Gideon Emukule, M&E Officer. Email contact: gemukule@fhi.org.
- (iv) **United Nations Children’s Fund – Kenya Country Office** (December 2007 – July 2008): Evaluation of Voucher Scheme for Skilled Deliveries in Northern Kenya within the Kenya Country Programme of Cooperation, Government of Kenya and UNICEF, 2003-2008. The data collected include: 1215 interviewer-based questionnaires, 40 in-depth interviews, 12 facility records and observational checklists and 70 exit interviews with mothers seeking ANC services. Contact person: Susan Kiragu, M&E Officer. Email contact: skiragu@unicef.org.
- (v) **Christian Mission Aid (CMA) - Sudan Programme** (January – July 2008): A Health Baseline Survey in Jonglei and Upper Nile States, South Sudan. The data was collected in three locations: Keew, Jonglei and Darjo. The study participants included: 12 focus group discussions, 30 in-depth interviews and 1260 interviewer-based questionnaires (629 men and 631 women). Contact person: Chip Bury, Program Director – Sudan. Email: sud@cmaid.or.ke

- (vi) **African Medical and Research Foundation (AMREF–Kenya) - March – May 2007:** *Kibera Adolescent and Youth Sexual and Reproductive Health (ASRH) Component*. This was a baseline survey that targeted the youth in Laini Saba and Mashimoni villages of Kibera slum, Nairobi. The study was conducted by 4 supervisors and twenty research assistants. It utilized both qualitative and quantitative data collection tools: document reviews; 404 interviewer-based questionnaires with youth; checklists: observational checklist and institutional assessment tool; 18 in-depth interviews; and 80 semi-structured interviews. The project sought to strengthen the response to HIV/AIDS and RH among the young people. **Contact person:** Wycliffe Owanda, Monitoring and Evaluation Officer, AMREF-Kenya Country Office, Wilson Airport, P. O. BOX 30125 Nairobi. Tel. +254-20-501301/500508, E-mail: wycliffeo@amrefke.org.
- (vii) **African Medical and Research Foundation (AMREF–Kenya) - March – May 2007:** *Kibera Personal Hygiene and Sanitation Education (PHASE) project*. This study focused on the knowledge, practices, attitudes towards PHASE, and an understanding of the available sanitation facilities within Kibera slum, Nairobi. The study was conducted by 4 supervisors and twenty research assistants. Data collection was done in 23 schools – 12 schools in the intervention areas and 11 schools from the control area. The data collection tools included interviewer-based questionnaires with 541 primary school pupils (N=301 in intervention schools and N=240 in control schools), 80 semi-structured interviews with parents and 23 general school information instruments (one per school). Qualitative data was generated through four focus group discussions (FGDs) in the community, and six in-depth interviews (IDIs). **Contact person:** Wycliffe Owanda, Monitoring and Evaluation Officer, AMREF-Kenya Country Office, Wilson Airport, P. O. BOX 30125 Nairobi. Tel. +254-20-501301/500508, E-mail: wycliffeo@amrefke.org.